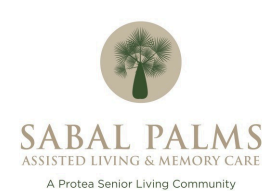


# October 2021

## Sabal Palms Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October cont'd</b> <b>31</b> <b>Halloween</b> <b>National Knock Knock Jokes Day</b> 9:00 ★ Coffee & Chit Chat 10:30 🦋 Hymn Sing-A-Long [PL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🎮 Game Time [AR] 6:00 ★ Turner Classic Movies [MT]	 <b>SABAL PALMS</b> ASSISTED LIVING & MEMORY CARE A Protea Senior Living Community	<b>Location Keys</b> Activities Room AR Front Lobby FL Game Room GR Movie Theater MT Piano Lounge PL	❤️ Emotional 💡 Intellectual 🔄 Physical ★ Purposeful 🌿 Social 🦋 Spiritual	<b>Happy Birthday!</b> 10 - 1 Ira W 10 - 4 Robert T 10 - 10 Bernice H 10 - 12 Marlene H 10 - 16 Mildred A 10 - 17 Betty B 10 - 26 Whitney P	<b>International Day of Older Persons</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 🛒 Shopping Trip [FL] 2:00 🔄 Corn Hole Competition [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 🎮 Turner Classic Movies [MT]	<b>American Water Day</b> 9:00 ★ Coffee & Chit Chat [FL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 🎮 Game Time [GR] 6:00 ★ Turner Classic Movies [MT]
<b>Butterfly and Hummingbird Day</b> <b>3</b> 9:00 ★ Coffee & Chit Chat 10:30 🦋 Hymn Sing-A-Long [PL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🎮 Game Time [AR] 6:00 ★ Turner Classic Movies [MT]	<b>World Pet's Day</b> <b>4</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 F.Y.I. [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>Do Something Nice Day</b> <b>5</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Trivia [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>Random Acts of Poetry Day</b> <b>6</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 ★ Resident Activity Meeting [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Wednesday Night Movie [MT]	<b>National Forgiveness Day</b> <b>7</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 ★ Game Time [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>National Children's Day</b> <b>8</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 🔄 Corn Hole Competition [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 🎮 Turner Classic Movies [MT]	<b>Fire Prevention Day</b> <b>9</b> 9:00 ★ Coffee & Chit Chat [FL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 🎮 Game Time [GR] 6:00 ★ Turner Classic Movies [MT]
<b>World Mental Health Day</b> <b>10</b> 9:00 ★ Coffee & Chit Chat 10:30 🦋 Hymn Sing-A-Long [PL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🎮 Game Time [AR] 6:00 ★ Turner Classic Movies [MT]	<b>Columbus Day</b> <b>11</b> <b>Southern Food Heritage Day</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 F.Y.I. [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>National Farmers Day</b> <b>12</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Trivia [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>US Navy Birthday (USN)</b> <b>13</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 ★ Chef Chat [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Wednesday Night Movie [MT]	<b>World Sight Day</b> <b>14</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 ★ Armchair Travel - South Africa & Wales (Nicolle) [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>I Love Lucy Day</b> <b>15</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 🛒 Shopping Trip [FL] 2:00 🔄 Corn Hole Competition [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 🎮 Turner Classic Movies [MT]	<b>National Learn a Word Day</b> <b>16</b> 9:00 ★ Coffee & Chit Chat [FL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 🎮 Game Time [GR] 6:00 ★ Turner Classic Movies [MT]
<b>Wear Something Gaudy Day</b> <b>17</b> 9:00 ★ Coffee & Chit Chat 10:30 🦋 Hymn Sing-A-Long [PL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🎮 Game Time [AR] 6:00 ★ Turner Classic Movies [MT]	<b>Lung Health Day</b> <b>18</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 F.Y.I. [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>New Friends Day</b> <b>19</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Trivia [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>International Chef's Day</b> <b>20</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 ★ Resident Council Meeting [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Wednesday Night Movie [MT]	<b>Celebration of the Mind Day</b> <b>21</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 ★ Painting with Purpose [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>National Knee Day</b> <b>22</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 🔄 Drum Circle - Nicolle [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 🎮 Turner Classic Movies [MT]	<b>Make a Difference Day</b> <b>23</b> 9:00 ★ Coffee & Chit Chat [FL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 🎮 Game Time [GR] 6:00 ★ Turner Classic Movies [MT]
<b>Good and Plenty Day</b> <b>24</b> 9:00 ★ Coffee & Chit Chat 10:30 🦋 Hymn Sing-A-Long [PL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🎮 Game Time [AR] 6:00 ★ Turner Classic Movies [MT]	<b>International Artists Day</b> <b>25</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 F.Y.I. [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>National Day of the Deployed</b> <b>26</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Trivia [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>Navy Day</b> <b>27</b> 9:00 🎮 Coffee and Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 12:30 ★ Lunch Bunch [AR] 1:00 ❤️ Visitation Wagon 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Wednesday Night Movie [MT]	<b>National Chocolate Day</b> <b>28</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 ★ Game Time [AR] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 ★ Turner Classic Movies [MT]	<b>International Internet Day</b> <b>29</b> 9:00 🎮 Coffee & Chit Chat [FL] 10:00 🔄 Morning Exercise [AR] 11:00 🕒 Quarter Bingo [AR] 1:00 🛒 Shopping Trip [FL] 2:00 🔄 Corn Hole Competition [AR] 3:15 🎮 Wine & Friends Social [PL] 6:00 🎮 Turner Classic Movies [MT]	<b>National Candy Corn Day</b> <b>30</b> 9:00 ★ Coffee & Chit Chat [FL] 1:00 ❤️ Visitation Wagon 2:00 🕒 Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 🎮 Game Time [GR] 6:00 ★ Turner Classic Movies [MT]