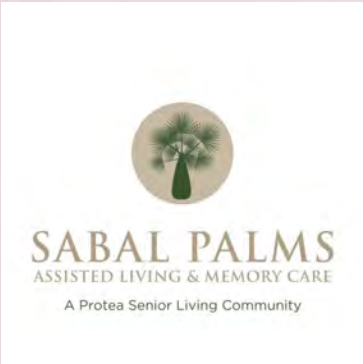


May 2022



Sabal Palms

WELCOME Our New Business Office Manager, Kathleen Parks.

WELCOME Our New Hair Stylist, Teresa Sherwood

**Congratulations to our Newly promoted Food Service Director, Marcus Bean!
Welcome Back Kelly!!!! Food Service**

Meet the Sabal Palms Management Team

- Executive Director- Brett Schibley ext. 101**
- Business Office Manager- Kathleen Parks ext 103**
- Marketing Outreach- Sandra Young ext 102**
- Resident Care Director- Steven Desantis ext 104**
- Memory Care Director- Sandy Harris ext115**
- Activity/Concierge Director-Laurie Stevens ext.105**
- Environmental Service Director- Rick Van Norman**
- Food Service Director-Marcus Bean ext 106**

Monthly Highlights

- Resident Activity Meeting-5-4**
- Mother's Day Tea- 5-8**
- Chef Chat-5-11**
- Shopping Trip-5-13**
- Resident Council Meeting-5-18**
- Drum Circle w/Nicolle-5-20**
- Lunch outing-5-25**
- Birthday Celebration-5-25**
- Shopping Trip-5-27**

Resident Anniversaries

Bernice H.	5/3
Veronica A.	5/8
Thomas O.	5/26

"Life doesn't come with a manual. It comes with a mother."

-Unknown

Happy Birthday to You!

Patty W.	5/8
Bruce T.	5/13
Dorothy B.	5/14
Elke S.	5/14
Maureen H.	5/18



The Importance of Mothers

Did you know that many countries have their own special Mother's Day? While the United States will celebrate Mother's Day on May 8th in 2022, the United Kingdom celebrated its holiday on March 27th and France will celebrate on May 29th.

Mother's Day became a national holiday in the United States in 1914 due to the efforts of a woman named Anna Jarvis. She argued that the American calendar was biased toward male achievements and wanted Mother's Day to become a national holiday to celebrate mothers and all that they do. Her persistence paid off when President Woodrow Wilson made the second Sunday in May, Mother's Day.

The celebration of mothers dates back to ancient Greece and Rome where festivals were held in honor of the Goddesses Rhea and Cybele. It was a popular Christian holiday too, falling on the last Sunday of Lent (this is why Mother's Day is still celebrated on Sunday!).

The holiday became secular and more mainstream in the 1930s and 1940s where it became custom to celebrate by giving Mom flowers, chocolates, or other gifts. Fun fact: more phone calls are made on Mother's Day than any other day of the year. This causes phone traffic to spike nearly 37%!

So, cherish your mothers in your life and don't forget to give them a call this Mother's Day.

