

May 2022

Sabal Palms Memory Care Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30 🔄 Bean Bag Toss 10:00 🔄 Infusion Bar 11:30 🌟 Clap, Clap 2:00 ★ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Meditation Circle 7:00 🦋 Church Gathering and Worship	9:30 🔄 Mimicked stretching 10:00 🔄 Infusion Bar 11:30 🌟 Creating firework art 2:00 ★ "Weaving" a basket for first responders 4:00 🌿 Friendly Formal 6:30 🦋 Tablet for relaxation	9:30 🔄 Senior Stretch 10:00 🔄 Infusion Bar 11:30 🌟 Word Search 2:00 ★ Residents Pick 4:00 🌿 Seasonal Celebration 6:30 🦋 Daily Devotions 7:00 ❤️ Timeless Melodies Choir Club	9:30 🔄 TacTic Toss 10:00 🔄 Infusion Bar 11:30 🌟 Stick figure story telling 2:00 ★ Community Store 4:00 🌿 I Love Lucy 6:30 🦋 Music in Motion 7:00 ❤️ Chapter Chat	9:30 🔄 Throw Tic Tac Toe 10:00 🔄 Infusion Bar 11:30 🌟 MindStart Puzzling 2:00 ★ Food on the griddle 2:30 🌿 Prize Bingo 4:00 🌿 Riddle Me This 6:30 🦋 Sentimental Serenity	9:30 🔄 Home Stretch Derby 10:00 🔄 Infusion Bar 11:30 🌟 Community Choice 1:00 🌿 Trips and Travels/ Scavenger Hunt 2:00 ★ Make popsicles 4:00 🌿 Uncorked/It's Wine o'clock somewhere 6:30 🦋 Prayer or group spiritual reading 7:00 🌟 Montessori Life	9:30 🔄 Ribbon Dance 10:00 🔄 Infusion Bar 11:30 🌟 A World of Good-News 1:00 🌿 Be Our Guest/ Dean Martin (virtual) 2:00 ★ Puzzle Club 4:00 🌿 Dirt cups 6:30 🦋 Chicken Soup for the Soul 7:00 🌟 Pass the Popcorn/ Fun Flick featuring The Little Rascals	
Mother's Day 9:30 🔄 Free-Throw Competition 10:00 🔄 Infusion Bar 11:30 🌟 Treeval Word Game: Food Combos 2:00 ★ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Weekday Worship: Favorite Hymns 7:00 🦋 Church Gathering and Worship	9:30 🔄 Sittercise 10:00 🔄 Infusion Bar 11:30 🌟 Link Think 2:00 ★ Crafty Club: Suncatchers 4:00 ★ Birthday Bash/ It's my Party 6:30 🦋 Mindfulness Meditation	9:30 🔄 Irish Chair Dance 10:00 🔄 Infusion Bar 11:30 🌟 Button trees 2:00 ★ Bird feeders 4:00 🌿 Cookies and Conversations 6:30 🦋 Sentimental Serenity 7:00 ❤️ Timeless Melodies Choir Club	9:30 🔄 Zumba Gold 10:00 🔄 Infusion Bar 11:30 🌟 Jingle Jumble 2:00 ★ No-bake items 4:00 🌿 Flag-colored parfaits 6:30 🦋 Prayer or group spiritual reading 7:00 ❤️ Chapter Chat	9:30 🔄 Ageless Grace 10:00 🔄 Infusion Bar 11:30 🌟 Group Imagination 2:00 ★ Sorting socks 2:30 🌿 Prize Bingo 4:00 🌿 Cooking Club: American Classic 6:30 🦋 Weekday Worship: Favorite Hymns	9:30 🔄 Badminton 10:00 🔄 Infusion Bar 11:30 🌟 High Tea 1:00 🌿 Trips and Travels/Scenic Ride 2:00 ★ Crafty Club: Newspaper Florals 4:00 🌿 Uncorked/Drink up 6:30 🦋 Chicken Soup for the Soul 7:00 🌟 Montessori Life	9:30 🔄 HORSE 10:00 🔄 Infusion Bar 11:30 🌟 A World of Good-News 1:00 🌿 Be Our Guest/Elvis is in the House (virtual) 2:00 ★ Puzzle Club 4:00 🌿 Resident Spotlight: My History 6:30 🦋 Mindfulness Meditation 7:00 🌟 Pass the Popcorn/Mary Poppins	
9:30 🔄 Bocce Ball 10:00 🔄 Infusion Bar 11:30 🌟 Group Rhyme 2:00 ★ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Meditation Circle 7:00 🦋 Church Gathering and Worship	9:30 🔄 Chair Dance 10:00 🔄 Infusion Bar 11:30 🌟 Opposites 2:00 ★ Washing dishes 4:00 🌿 Planet Earth 6:30 🦋 Music in Motion	9:30 🔄 Kickball 10:00 🔄 Infusion Bar 11:30 🌟 Finishing Lyrics and Finishing Lines 2:00 ★ Stamp Art 4:00 🌿 Jolly Jokes and Silly Sayings 6:30 🦋 Daily Devotions 7:00 ❤️ Timeless Melodies Choir Club	9:30 🔄 Seated Aerobics 10:00 🔄 Infusion Bar 11:30 🌟 National Museum of Modern and Contemporary Art: Korea Virtual Tour 2:00 ★ Crafty Club: Jewelry Making 4:00 🌿 Blessed Blooms Club 6:30 🦋 Tablet for relaxation 7:00 ❤️ Chapter Chat	9:30 🔄 Octaband 10:00 🔄 Infusion Bar 11:30 🌟 Pictionary 2:00 ★ Baking cookies 2:30 🌿 Prize Bingo 4:00 🌿 Manicure Madness 6:30 🦋 Daily Devotions	9:30 🔄 Seated Soccer / "Football" 10:00 🔄 Infusion Bar 11:30 🌟 Team's Choice Trivia 1:00 🌿 Trips and Travels 2:00 ★ Folding towels 4:00 🌿 Uncorked/Wine with Friends 6:30 🦋 Tablet for relaxation 7:00 🌟 Montessori Life	9:30 🔄 Basketball 10:00 🔄 Infusion Bar 11:30 🌟 A World of Good-News 1:00 🌿 Be Our Guest/Betty White (virtual) 2:00 ★ Puzzle Club 4:00 🌿 Sunshine Social 6:30 🦋 Meditation Circle 7:00 🌟 Pass the Popcorn/Queen Bees	
9:30 🔄 Balloon Toss 10:00 🔄 Infusion Bar 11:30 🌟 Tablet for coloring or painting 2:00 ★ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Mindfulness Meditation 7:00 🦋 Church Gathering and Worship	9:30 🔄 Aqua Toss 10:00 🔄 Infusion Bar 11:30 🌟 Treeval Word Game: US Presidents 2:00 ★ Nursing Life Station 4:00 🌿 Going out for ice cream 6:30 🦋 Sentimental Serenity	9:30 🔄 Balance Boogie 10:00 🔄 Infusion Bar 11:30 🌟 Breaking Bread 2:00 ★ Collaborative Fairy Garden 4:00 🌿 Tablet for a virtual aquarium or virtual pets 6:30 🦋 Music in Motion 7:00 ❤️ Timeless Melodies Choir Club	9:30 🔄 Rocking and Rolling 10:00 🔄 Infusion Bar 11:30 🌟 Crosswords and puzzles 2:00 ★ Dinner Party name cards 4:00 🌿 Happy Trails 6:30 🦋 Chicken Soup for the Soul 7:00 ❤️ Chapter Chat	9:30 🔄 Frisbee Golf 10:00 🔄 Infusion Bar 11:30 🌟 Treeval Word Game: Peacemakers 2:00 ★ Colorful Collage 2:30 🌿 Prize Bingo 4:00 🌿 Armchair Travel: France 6:30 🦋 Prayer or group spiritual reading	9:30 🔄 Baget Golf 10:00 🔄 Infusion Bar 11:30 🌟 Word Storm 1:00 🌿 Trips and Travels 2:00 ★ Makeover Madness Photo Shoot 4:00 🌿 Uncorked/Drink up 6:30 🦋 Weekday Worship: Favorite Hymns 7:00 🌟 Montessori Life	9:30 🔄 Sit and Be Fit 10:00 🔄 Infusion Bar 11:30 🌟 A World of Good-News 1:00 🌿 Be Our Guest/Frank Sinatra (Virtual) 2:00 ★ Puzzle Club 4:00 🌿 Birdscaping: Attracting and Recognizing your Native Birds 6:30 🦋 Meditation Circle 7:00 🌟 Pass the Popcorn/Casablanca	
9:30 🔄 Bowling 10:00 🔄 Infusion Bar 11:30 🌟 Dave Delivers Donuts in Denver 2:00 ★ World of Color 4:00 🌿 Green Thumb Gardeners 6:30 🦋 Music in Motion 7:00 🦋 Church Gathering and Worship	Memorial Day 9:30 🔄 Seated Qigong Tai Chi and Yoga 10:00 🔄 Infusion Bar 11:30 🌟 Word Wall 2:00 ★ Pampered Paws 4:00 🌿 Garden Rocks 6:30 🦋 Mindfulness Meditation	9:30 🔄 Table Ball / Table Pong 10:00 🔄 Infusion Bar 11:30 🌟 Higher or Lower 2:00 ★ Wonderful World of Watercolor 4:00 🌿 Making mocktails 6:30 🦋 Tablet for relaxation 7:00 ❤️ Timeless Melodies Choir Club	 SABAL PALMS ASSISTED LIVING & MEMORY CARE A Protea Senior Living Community			❤️ Emotional 🌟 Intellectual 🔄 Physical ★ Purposeful 🌿 Social 🦋 Spiritual	"I am not afraid of storms, for I am learning how to sail my ship." – Louisa May Alcott