


August 2022 Sabal Palms Memory Care Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:30 SS Bocce Ball 10:00 SS Infusion Bar 11:30 SK Group Imagination 2:00 ★ Crafty Club: Picture Perfect 4:00 MC Armchair Travel: Ireland 6:30 LI Music in Motion</p>	<p>9:30 SS Bocce Ball 1 10:00 SS Infusion Bar 11:30 SK Group Imagination 2:00 ★ Crafty Club: Picture Perfect 4:00 MC Armchair Travel: Ireland 6:30 LI Music in Motion</p>	<p>9:30 SS Zumba Gold 2 10:00 SS Infusion Bar 11:30 SK Breaking Bread 2:00 ★ "Weaving" a basket for first responders 4:00 MC Going out for ice cream 6:30 LI Tablet for relaxation 7:00 FB Timeless Melodies Choir Club</p>	<p>9:30 SS TacTic Toss 3 10:00 SS Infusion Bar 11:30 SK Creating firework art 2:00 ★ Crafty Club: Jewelry Making 4:00 MC Wacky Weeding 6:30 LI Weekday Worship: Favorite Hymns 7:00 FB Chapter Chat</p>	<p>9:30 SS Lively Drumming 4 10:00 SS Infusion Bar 11:30 SK Name That Tune 2:00 ★ Sorting socks 2:30 MC Prize Bingo 4:00 MC Making mocktails 6:30 LI Sentimental Serenity</p>	<p>9:30 SS Bean Bag Toss 5 10:00 SS Infusion Bar 11:30 SK Treeval Word Game: Peacemakers 1:00 MC Trips and Travels/ Roll & Stroll Community Grounds 2:00 ★ Leaf and Floral Printing 4:00 MC Uncorked/Only Count the Happy Hours 6:30 LI Chicken Soup for the Soul 7:00 SK Montessori Life</p>	<p>9:30 SS Sports Moves 6 10:00 SS Infusion Bar 11:30 SK A World of Good-News 1:00 MC Be Our Guest / Elvis Presley (virtual) 2:00 ★ Puzzle Club 4:00 MC Favorite Song-Sing-A-Long 6:30 LI Mindfulness Meditation 7:00 SK Pass the Popcorn/ Cheaper By The dozen</p>
<p>9:30 SS Irish Chair Dance 7 10:00 SS Infusion Bar 11:30 SK Daily Chronicles 2:00 ★ World of Color 4:00 MC Green Thumb Gardeners 6:30 LI Meditation Circle 7:00 LI Church Gathering and Worship</p>	<p>9:30 SS Ageless Grace 8 10:00 SS Infusion Bar 11:30 SK History Highlights 2:00 ★ Food Art 4:00 MC Share the Good News 6:30 LI Prayer or group spiritual reading</p>	<p>9:30 SS Bag Toss 9 10:00 SS Infusion Bar 11:30 SK Treeval Word Game: US Presidents 2:00 ★ Staff Appreciation: Aroma Sachet 4:00 MC Cookies and Conversations 6:30 LI Daily Devotions 7:00 FB Timeless Melodies Choir Club</p>	<p>9:30 SS Shaker Dancing 10 10:00 SS Infusion Bar 11:30 SK Group Rhyme 2:00 ★ Scented dough claytonary 4:00 MC Tablet for a virtual aquarium or virtual pets 6:30 LI Mindfulness Meditation 7:00 FB Chapter Chat</p>	<p>9:30 SS Frisbee Golf 11 10:00 SS Infusion Bar 11:30 SK Remember When 2:00 ★ Bookworm 2:30 MC Prize Bingo 4:00 MC Resident Spotlight: My History 6:30 LI Music in Motion</p>	<p>9:30 SS Bowling 12 10:00 SS Infusion Bar 11:30 SK Four Word Phrases 1:00 MC Trips and Travels/ Roll & Stroll Community Grounds 2:00 ★ Residents Pick 4:00 MC Uncorked/It's Wine o clock somewhere 6:30 LI Meditation Circle 7:00 SK Montessori Life</p>	<p>9:30 SS Free-Throw Competition 13 10:00 SS Infusion Bar 11:30 SK A World of Good-News 1:00 MC Be Our Guest/ Fred Astaire takes the Stage (Virtual) 2:00 ★ Puzzle Club 4:00 MC Intergenerational Programming 6:30 LI Weekday Worship: Favorite Hymns 7:00 SK Pass the Popcorn/Rescued By Ruby</p>
<p>9:30 SS Mimicked stretching 14 10:00 SS Infusion Bar 11:30 SK Grocery Game 2:00 ★ World of Color 4:00 MC Green Thumb Gardeners 6:30 LI Tablet for relaxation 7:00 LI Church Gathering and Worship</p>	<p>9:30 SS Balance Boogie 15 10:00 SS Infusion Bar 11:30 SK Word Storm 2:00 ★ Baking cookies 4:00 MC Happy Trails 6:30 LI Sentimental Serenity</p>	<p>9:30 SS Ribbon Dance 16 10:00 SS Infusion Bar 11:30 SK Tablet for coloring or painting 2:00 ★ Community Store 4:00 MC Dirt cups 6:30 LI Daily Devotions 7:00 FB Timeless Melodies Choir Club</p>	<p>9:30 SS Aqua Toss 17 10:00 SS Infusion Bar 11:30 SK The Letter Game 2:00 ★ No-bake items 4:00 MC Seasonal Celebration 6:30 LI Prayer or group spiritual reading 7:00 FB Chapter Chat</p>	<p>9:30 SS Chair Dance 18 10:00 SS Infusion Bar 11:30 SK Treeval Word Game: Food Combos 2:00 ★ Pampered Paws 2:30 MC Prize Bingo 4:00 MC Garden Rocks 6:30 LI Chicken Soup for the Soul</p>	<p>9:30 SS Senior Stretch 19 10:00 SS Infusion Bar 11:30 SK Map it Out 1:00 MC Trips and Travels/ Roll & Stroll Community Grounds 2:00 ★ Crafty Club: Stained Glass 4:00 MC Uncorked/ In the Cellar 6:30 LI Tablet for relaxation 7:00 SK Montessori Life</p>	<p>9:30 SS Shake Shake- Ice Cream Making 20 10:00 SS Infusion Bar 11:30 SK A World of Good-News 1:00 MC Be Our Guest / Cary Grant (virtual) 2:00 ★ Puzzle Club 4:00 MC Armchair Travel: France 6:30 LI Sentimental Serenity 7:00 SK Pass the Popcorn/ Fern Gully</p>
<p>9:30 SS Seated Aerobics 21 10:00 SS Infusion Bar [DR] 11:30 SK Dominos 2:00 ★ World of Color 4:00 MC Green Thumb Gardeners 6:30 LI Chicken Soup for the Soul 7:00 LI Church Gathering and Worship</p>	<p>9:30 SS Sittercise 22 10:00 SS Infusion Bar 11:30 SK Opposites 2:00 ★ Aquapaint 4:00 MC I Love Lucy 6:30 LI Prayer or group spiritual reading</p>	<p>9:30 SS Seated Qigong Tai Chi and Yoga 23 10:00 SS Infusion Bar 11:30 SK Crosswords and puzzles 2:00 ★ Soft pretzels 4:00 MC Fruit of the Month Club 6:30 LI Daily Devotions 7:00 FB Timeless Melodies Choir Club</p>	<p>9:30 SS Kickball 24 10:00 SS Infusion Bar 11:30 SK Putting a puzzle together 2:00 ★ Bird feeders 4:00 MC Wheel of Fortune 6:30 LI Music in Motion 7:00 FB Chapter Chat</p>	<p>9:30 SS Meditation and Relaxation 25 10:00 SS Infusion Bar 11:30 SK Word Wall 2:00 ★ Office Life Station 2:30 MC Prize Bingo 4:00 MC Cooking Club: French Cuisine 6:30 LI Meditation Circle</p>	<p>9:30 SS HORSE 26 10:00 SS Infusion Bar 11:30 SK Word Search 1:00 MC Trips and Travels/ Roll & Stroll Community Grounds 2:00 ★ Stamp Art 4:00 MC Uncorked/ Fun with Friends 6:30 LI Mindfulness Meditation 7:00 SK Montessori Life</p>	<p>9:30 SS Volleyball 27 10:00 SS Infusion Bar 11:30 SK A World of Good-News 1:00 MC Be Our Guest /Bob Hope (virtual) 2:00 ★ Puzzle Club 4:00 MC Riddle Me This 6:30 LI Weekday Worship: Favorite Hymns 7:00 SK Pass the Popcorn /Lassie Come Home</p>
<p>9:30 SS Seated Soccer / "Football" 28 10:00 SS Infusion Bar 11:30 SK National Museum of Modern and Contemporary Art: Korea Virtual Tour 2:00 ★ World of Color 4:00 MC Green Thumb Gardeners 6:30 LI Weekday Worship: Favorite Hymns 7:00 LI Church Gathering and Worship</p>	<p>9:30 SS Weight training 29 10:00 SS Infusion Bar 11:30 SK Higher or Lower 2:00 ★ Make popsicles 4:00 ★ Birthday Bash 6:30 LI Music in Motion</p>	<p>9:30 SS Croquet 30 10:00 SS Infusion Bar 11:30 SK History of Film 2:00 ★ Time to Shine 4:00 MC Flag-colored parfais 6:30 LI Tablet for relaxation 7:00 FB Timeless Melodies Choir Club</p>	<p>9:30 SS Table Ball / Table Pong 31 10:00 SS Infusion Bar 11:30 SK Spelling Tray Day 2:00 ★ Crafty Club: Suncatchers 4:00 MC Going out for lunch/ Picnic on the grounds 6:30 LI Mindfulness Meditation 7:00 FB Chapter Chat</p>	<p>Location Keys Dining Room DR</p> <p>FB *Find Balance LI *Live Inspired MC *Maintain Connections SK *Seek Knowledge SS *Stay Strong ★ Purposeful</p>		<p>"Mistakes are proof that you are trying" — Unknown</p>